



metro

Philadelphia
**Trans Wellness
Conference**
A PROGRAM OF MAZZONI CENTER

REMEMBRANCE • RESISTANCE • RESILIENCE

AUGUST 2-4, 2018 PENNSYLVANIA CONVENTION CENTER

VISIT TRANSPHL.ORG FOR MORE INFORMATION

Cover Art by Rae Senarighi

Philadelphia Trans Wellness Conference

A PROGRAM OF MAZZONI CENTER

REMEMBRANCE • RESISTANCE • RESILIENCE

AUGUST 2-4, 2018

PENNSYLVANIA CONVENTION CENTER

PTWC offers a space for trans people and our allies, families, and providers to come together to re-envision what health and wellness means for trans people.

Three days of free workshops, networking opportunities, youth programming, plenary speakers, a professional development track offering continuing education credits, an opening reception and a Resistance Ball.

Get the latest conference updates by downloading the **TRANSPHL** app on iOS or Android.



PTWC is supported by the Philadelphia Department of Public Health, and by foundation funding from Arcus Foundation and the E. Rhodes and Leona B. Carpenter Foundation.



metro 

Welcomes the Mazzoni Center



Thursday, August 2 to Saturday, August 4, 2018

Trans Wellness Conference returns to Philly with a focus on the future

The Mazzoni Center's 17th annual Philadelphia summit is paving the way for a more inclusive community.



A.D. AMOROSI
letters@metro.us

The Mazzoni Center — this city's primary care-taking and guidance facility for the LGBTQ community — wants you to know that it is listening.

When it comes to this week's Trans Wellness Conference, now in its 17th year, Mazzoni's braintrust paid attention to what the 7,000-plus attendees of its 2017 conference liked then, and what they needed for their health and wellbeing going forward.

"We keep our ears to the ground at the end of each trans conference,

and have formal evaluations for every workshop, as well as the entire event," said Ashley Coleman, the Mazzoni's senior events manager in charge of the annual Trans Wellness Conference, its logistical support and for "putting out fires" when needed.

"We look online, on Queer Exchange Philly and other meet-up groups, and any platforms where people are voicing their opinions and valid criticism," said Oliver de Luz, Mazzoni's internal and external events planner, and volunteer coordinator. "We want to make sure that, whatever we do there, that we are uplifting the trans community."

The mission of the Philadelphia Trans Wellness Conference (PTWC) is to educate and empower trans individuals (as well as their families and friends who are welcome to attend all events) on issues of health and well-



Flags at the Trans flag raising at City Hall. MAZZONI

"We want to make sure that, whatever we do there, that we are uplifting the trans community."

Oliver de Luz

being. That doesn't only involve physical health service providers and issues, but spiritual, psychological and social issues as well. There are networking and community-building exercises and events. There is also a fun screening of "Kiki," and a meet-and-greet with one of its central avatars, "Chi Chi."

The film is a documentary on the Kiki community and their spectacular performance balls. For those who followed FX Network's "Pose," or for those walking for realness, this film is a must.

Coleman and de Luz both have been with Mazzoni and its Trans Wellness Conference for two

years, and know well the event's long history and powerful legacy.

"Knowing that, this year we wanted to be even more intentional, and more inclusionary with all of our programming and all of the outsourcing," said Coleman. "Our major focus last year and this year has been around making sure that whatever we purchased, and whomever we are contacting, that we're going to trans folk, queer folk and people of color and not buying from those that aren't queer and environmentally friendly, or ruining our planet, socially and environmentally."

In terms of including all cultures and creeds in Philadelphia, while last year's TWC opening reception was at the African-American History Museum, this year's introductory gala is at the American Jewish History Museum. "As well as having dedicated diverse spaces that bring further

education to our community, we want to share in different stories," said de Luz.

Another fresh focus of Mazzoni's Trans Wellness Conference regards educational programs for kids and the addition of youth spaces for those looking to gather and fraternize. "As a former educator, I saw a lack of programming at the TWC for our kiddos," said Coleman. "They're going to save all of our lives, and the world, someday so it is important that we provide them with everything we can. Plus, young and old, we want everyone to get to know each other, make friends, and make the world a better place, together."

This year's Trans Wellness Conference runs from Thursday, Aug. 2 to Saturday, Aug. 4 at the Pennsylvania Convention Center. For a listing of events, information, and PTWC registration opportunities, visit mazzonicenter.org

Annual Trans Wellness Conference Kicks off Tomorrow

In Cooperation with the
Mazzoni Center
By Amy Smith

When it comes to supporting the LGBTQ community, few events are as powerful as Mazzoni Center's annual Trans Wellness Conference. The three-day experience is designed with one main goal in mind—providing information and vital resources, free of charge, to the trans community.

“The conference started 17 years ago as a small space for trans people and community allies to come together to share resources and

educate one another,” says Oliver de Luz, Events and Volunteer Coordinator at Mazzoni Center. “Since then, it's grown dramatically and now attracts speakers and attendees from all over the world; all of them here to support the trans community.”

Free to the general public, the Trans Wellness Conference will feature over 250 workshops for trans folks as well as those who identify with the gender they were assigned with

at birth. Workshop topics serve a wide audience—adults and kids; young and old—and cover everything from talking with young children about gender to navigating the ins and outs of gender confirmation surgery, and everything in between. Regardless of the subject, all workshops can be linked back to wholeness and well-being.

“The workshops are also loaded with fantastic information

and resources for cisgender accomplices looking for ways to support the trans people in their lives and greater community,” adds de Luz.

This year's three-day conference kicks off tomorrow at 8:00 a.m. and will run through Saturday, August 4 at the Pennsylvania Convention Center (129 North Broad Street). The event also has a professional component, offering more than 60 workshops for those seeking career-related continuing education credits. These paid tracks cover mental health, medical, education, legal and interdisciplinary.

At its core, the 2018 Trans Wellness Conference is a place for community partners, professionals and the general public to come together. It's also a

wonderful opportunity to network with activists in Philadelphia who are working hard for trans rights and visibility. Interested attendees can register ahead of time online at www.mazzonicenter.org/trans-wellness/ schedule, or simply walk in to the conference and register on the spot.

“There needs to be more spaces devoted to community-building and education within the trans community,” says de Luz. “And those who aren't part of that community can also benefit by having the chance to ask questions, hear first-hand experiences and stories, and learn how they can offer support within their own neighborhoods. The

end goal is to protect, validate and take care of one another.”

In other words, it's a safe space for all, whether you're sure of who you are or not. Mazzoni Center is also hosting an opening-night reception that's free to the public tomorrow evening from 7:00 p.m. to 9:00 p.m. at the National Museum of American Jewish History.

For nearly four decades, Mazzoni Center has been dedicated to LGBTQ health and well-being. Their mission is to provide top-quality, comprehensive health and wellness services so that all members of this community can live their best lives with dignity and respect. To learn more, visit www.mazzonicenter.org or call (215) 563-0652.



Art by Rae Senarighi, 2018 Cover Art Winner

Philadelphia Trans Wellness Conference

A PROGRAM OF MAZZONI CENTER

REMEMBRANCE • RESISTANCE • RESILIENCE

Largest Trans-Specific conference in the world

Plenary Speakers

250 Workshops over 3 Days

*Opening Reception
and more!*

Free admission

AUGUST 2-4, 2018

Pennsylvania Convention Center

129 North Broad Street, Philadelphia, PA 19107

LEARN MORE AT:

transPHL.org



transPHL



transPHL



transPHL

Finding the right LGBTQ therapist



ASK PHIRST:

Whether you're partnered or single, transgender or cisgender, investing in your mental health doesn't have to be a solo process. No one knows this better than the Philadelphia Institute for Individual, Relational & Sex Therapy (PHIRST). At the end of the day, it's all about braving life's challenges so that you can be your best self.

Those who are questioning their gender identity have a lot to process, as do the people who love them. Melissa Dessereau, a Licensed Marriage and Family Therapist with PHIRST, has been counseling members of the LGBTQ community for over two decades. Here are some pearls of wisdom she's learned along the way.

I'm questioning my gender. What are the benefits of working with a therapist?

The relationship you have with a therapist is really unlike any other relationship in the sense that it's all about you. The other person is solely there to help you process what you're going through. When we try to tackle these things on our own, we turn to friends and family

members for help, all of whom bring their own biases, agendas, histories and ideas to the table. There are dynamics at play that shape the advice they're giving. With a therapist, all the focus is on you and helping you get to where you want to be.

What should I look for in a therapist?

Asking for referrals from friends is a great place to start. I also suggest interviewing the therapist in advance. Do they have experience working with trans clients? What we're looking for here is someone who's comfortable processing gender issues and isn't afraid to ask questions regarding your life. A good therapist is one who's willing to admit ignorance when they don't know something, then do their own research to better understand where you're coming from. Ahead of your first meeting, ask them how they'd handle a situation when a client is talking about something they don't know anything about or haven't lived through directly. Another good question to ask is how they can help you learn to navigate spaces where people aren't respecting your gender.

Whether you're questioning your gender, or processing the fact that someone you care about is, PHIRST's team of experienced, licensed therapists can help you through the process. To learn more, visit www.phirst.com. They have locations in Center City and Media, Pennsylvania.

Whether you're questioning your gender, or processing the fact that someone you care about is, PHIRST's team of experienced, licensed therapists can help you through the process. To learn more, visit www.phirst.com. They have locations in Center City and Media, Pennsylvania.

How can family and friends support people who are

questioning their gender?

If you're in a situation where someone you love is sharing that they're questioning their gender, you should feel honored—it means your relationship matters to them and that they trust you enough to invite you into their life. They may be afraid you'll reject them, so be sensitive to the fact that telling you is probably difficult for them. No matter what, respond with respect and care. If you are having trouble processing it, do your own work to manage your own feelings. Parents and Friends of Lesbians and Gays (www.pflag.org) is a wonderful resource. I'd also suggest seeking a trans-competent therapist or educator of your own. If you're feeling confused or judgmental, lean in with curiosity and openness.



>10,000 # of FF surgeries
100,000 followers

Message

The Spiegel Center

Facial Plastics and Aesthetic Doctors

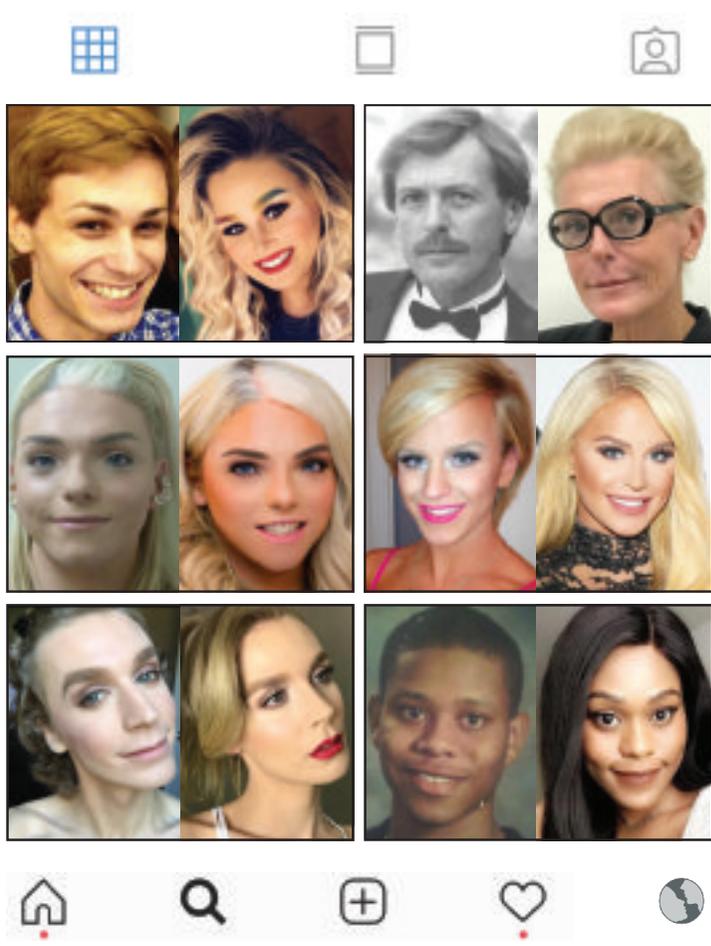
The Spiegel Center has performed well over 10,000 FFS procedures since 1994. Dr. Spiegel has innovated many of the FFS surgical techniques used by Doctors all over the world.

www.DrSpiegel.com

Followed by everyone

Call
617 566 3223

Email
info@drspiegel.com



The ins and outs of facial feminization surgery

ASK Dr. Jeffrey Spiegel:

Facial feminization surgery (FFS) has picked up lots of steam in recent years, and rightfully so—it's a game changer for many trans women. But what exactly is it, and what kind of emotional impact does it have? Metro sat down with Dr. Jeffrey Spiegel, a world-renowned facial plastic surgeon who's leading the charge.



What exactly is FFS?

I've spent nearly 20 years studying the messages our faces send. When you look at a person's face, you know a number of things in a fraction of a second—if it's someone you know or it's a stranger, their mood, their age, their health status, their gender, and many other things. It turns out, there are a number of specific parts of the face that

convey these messages. Largely, they have to do with the amount of light that's reflected around the forehead, eyes and mouth. A study we did years ago showed that adjusting the shape of the bone around the eyes greatly feminizes the face.

What I do with facial feminization surgery is look at a person's face, determine what message it sends, and then pinpoint what things we should alter to send the proper message. If it's someone who knows they're a woman, but their face sends the impression that they're masculine, we need to change that. FFS is a constellation of procedures that allows us to send an unequivocally feminine and attractive message with our face. This level of beauty is more than skin-deep.

How can FFS help in the emotional part of the trans journey?

If I've done my job right, FFS compensates for things we can't change. Take, for instance, a transgender woman who might have hands or feet that are a size larger than she wishes. I can make it so that the face is so clearly feminine, it's okay if she has slightly larger hands or feet. This, in itself, has a huge emotional impact because people finally feel like their face reflects the feminine self they feel on the inside.

Is it common for people to be scared that after the surgery, they won't look like themselves anymore? How would you best describe the final result for people?

It's an almost universal concern. The answer is that you actually recognize yourself *more*. No one who sees you after surgery thinks you're someone else. Once we've changed the parts of the face so that they send the correct

message, the patient still sees themselves, just without those masculine features. Strangers start using the correct pronouns; friends get it right. You look in the mirror and see the person you actually are. You finally see yourself.

What's the recovery time like?

FFS typically consists of multiple procedures, and most people do everything at once so that they only have one recovery period. This varies, but typically if you have everything done except your jaw, you'll be looking good in two weeks. If the jaw is included, the recovery time is about three to four weeks.

You've innovated so many things in facial plastic surgery. What are you most proud of?

I've discovered many ways to help a person's face

send the right message. We reduce Adam's apples, adjust the skull, advance the hair, reduce the jaw, shape the nose, and more all with excellent results and incredible safety. Even our biggest procedures are safer than getting your tonsils removed. It's wonderful to know that my procedures and developments are the state-of-the-art for facial surgery. We see many women who are not transgender who also come for FFS as they see how incredibly powerful these procedures can be at beautifying the face.

Dr. Spiegel is a celebrated facial plastic surgeon who specializes in FFS. The Massachusetts-based doctor attracts patients from all over the globe with his artistic eye and extensive experience. To learn more, visit www.DrSpiegel.com or call (617) 566-3223.

Lose Weight Fast and Keep It Off...



- Medically Proven Program
- FDA Approved Appetite Suppressants
- Diet Shots & Fat Burning Injections
- Dietician Developed Meal Plans
- No Package Meals to Buy
- Free EZDietPlanner™ App & Community
- Plans for Adults and Children

**\$99 Gets
You Started!**

4 Locations Call Today

- FEASTERVILLE
- CITY LINE AVE.
- TABOR AVE.
- SOUTH PHILLY



215-478-6901

BodyByFisherNow.com

Treating addiction in the trans community

ASK SEABROOK THE HEART OF RECOVERY:

When it comes to battling addiction, the path to recovery is rarely easy. Seabrook The Heart of Recovery provides the tools to ease the journey and empower patients to live their best lives.

Coming face to face with addiction doesn't happen overnight. Those who are also questioning their gender identity often require additional supports on their way to healing and sobriety. Michele Smith, Seabrook's Director of Clinical Operations, sat down with Metro to talk about trans-specific treatment options for addiction.

How are the treatment needs different for the transgender community?

Addiction affects the LGBTQ community as much as any other. It's usually an especially difficult

topic for those who aren't completely out, or who are open but facing discrimination from others. Therapy is certainly unique for these folks. We have a weekly support group for the LGBTQ community, and it's open to anyone—those who are questioning their identity, as well as friends and family members looking to support a loved one. We also provide individual therapy for the person to work through their gender identity and sexuality, along with their addiction. Within the transgender community, we believe in meeting people where they are and

respecting whatever gender identity feels right to them. What we care about is helping them feel as whole as possible as they address their addiction.

What other resources does Seabrook offer to this community?

We have ascending levels of care, which includes outpatient treatment as well as our long-term residential inpatient program, which lasts three months to a year. We've also partnered with the South Jersey AIDS Alliance and have done a lot of outreach and education by utilizing local resources. We're actually in the process

of putting together a comprehensive collection of resources for anybody who identifies with the LGBTQ community, whether it be for substance abuse or general health. That way, when we give referrals, we're sending people to providers who are LGBTQ-friendly and inclusive.

What do you say to LGBTQ people who are battling addiction?

I'd tell them that there is absolutely hope. Recovery is possible for everyone. We're here for them, and even if we're not the appropriate facility, we can point them in the right

direction so they can get the resources they need. We all deserve respect, compassion and empathy, and there are providers out there who deliver that level of care.

Seabrook The Heart of Recovery is a recognized, accredited nonprofit dedicated to treating addiction and co-occurring mental health issues. You can find their treatment centers across New Jersey in Bridgeton, Cherry Hill, Northfield, Morristown and Shrewsbury. To learn more about their forward-thinking approach to individual and family healing, visit <http://Seabrook.org>.



seabrook[®]
the heart of recovery
Effective treatment for addiction
and co-occurring disorders.
Visit **seabrook.org**
or call **800.761.7575**

Bridgeton, NJ • Cherry Hill, NJ • Shrewsbury, NJ • Morristown, NJ • Northfield, NJ
Coming Soon Paoli, PA

Seabrook supports the LGBTQ community

Will baby make three? Fairfax Cryobank helps keep options open

**Fairfax
Cryobank**
The Thermal Center for Human Sperm

ASK FAIRFAX CRYOBANK

A conversation

with

Michelle Ottey,

PhD,

laboratory

director for

Fairfax

Cryobank

(3401 Market

Street)

How did you get started with the Cryobank?

I've been with Fairfax since 2006, so 12 years now. I joined a year after they opened here in Philadelphia. I currently oversee all seven of our production labs across the country.

Why should someone in the trans community be thinking about storing their sperm? Don't they have enough on their minds?

Transitioning is a process with a lot of stressors. A big one is family and friends continually asking: Are you going to have kids someday? This is an opportunity to preserve fertility. Even if you don't know, you can have the option in the future. It's a wonderful service.

We have a long history of working with people in the LGBTQ community and I'm happy to be a part of the Trans Wellness Conference. It's always exciting to see people happy with our process.

Are there specific challenges someone transitioning might face in banking their sperm? It's hard to know where to turn sometimes.

Fortunately, Philadelphia is a very friendly and inclusive community. Finding a place (like Fairfax Cryobank) in certain parts of the country, that isn't so friendly, can be a challenge. For them, we offer a mail-in service that allows someone that doesn't have access to a friendly clinic to bank. Luckily, it's easy to get an appointment here in Philadelphia. Banking on-site is always preferred because we get to work with the sperm sooner.

Honestly, we're all evolving, learning, growing. Society is becoming more inclusive in terms of language, for instance, asking for someone's gender identity and preferred pronouns on paperwork. Hopefully clinics throughout the country keep getting more inclusive and make clients feel more welcome.

Some may worry they're too late. Say you've already begun hormone treatment. What if you're ready for gender affirmation surgery?

Depending on where people are in the process, they can stop hormone protocol. It takes a few

months to regain a sufficient amount (of sperm) to freeze a sample, so we encourage people to bank before they start any transitioning.

Young and single people aren't always thinking about starting a family, including a transitioning person. What would you tell them?

It's such a personal decision. If somebody very young is transitioning, and they have the means to take advantage of it, they should definitely bank. They can just pay for long term storage and forget about it for now. It keeps options open in future.

That said, it's not for everyone. It's not an inexpensive process and having children isn't always a priority; but once you've banked, you have that option. At any time, you can choose to discard the frozen samples. There's also an option to donate your specimen to research or, potentially, another recipient depending on how it was originally banked.

Whether you're trans, work in a high risk job or a man in your late 30s, banking your sperm is a way to

preserve your options for the future.

This is such a positive thing. It's not a hard process at all. If someone doesn't know what they'll want to do in the future, we recommend banking multiple specimens.

What can someone expect when they visit the 'Bank'?

After they call and make an appointment, we schedule a consultation and review paperwork agreements. We spend time talking about semen evaluation, how we freeze sperm to survive.

The first questions people are asked are in regard to the sperm's intended use. If it's with an intimate sexual partner there are fewer requirements for testing and screening. If it's intended with a non-sexually intimate partner, such as a trans woman with a male partner, where they would need to use a surrogate or gestational carrier, there are additional requirements and testing, this is regulated by the FDA whose primary goal is to reduce the spread of infectious disease and therefore the client must be screened like a sperm bank sperm donor.

We recommend people come in 72 hours after their last ejaculation for an optimum sample. The specimen is placed in an incubator to liquefy, then evaluated to be frozen and stored with a name, date, and unique identifier.

So how long can a frozen specimen do the trick?

As a scientist, I can't say this for sure, but anecdotally, it can last "indefinitely". Our longest stored sperm (that resulted in pregnancy) was 29 years! He was a cancer patient who banked as a teen, pre-treatment, and now has a healthy baby! It was a wonderful story.

The cells are suspended in time. As long as storage conditions aren't compromised, cells can hypothetically be thawed at any point in the future.

What's the first step?

Go to fairfaxcryobank.com. We have a great resources page. There's a trans woman e-book with information about the process and decisions a client will need to make. If you're in the Philadelphia area, call 215 386 1977 for information or to schedule a consultation.



**Fairfax
Cryobank**

Sperm storage services for transitioning women

Your Local Sperm Bank

Fairfax Cryobank, Inc. has a long history of working with members of the LGBTQ community to build their families.

Transitioning is a complex process that includes many stresses, both external and internal. You may be asked about your desire to have children by family and friends; and you may be questioning this yourself. By banking your sperm, you are allowing yourself the option to have a biological child in the future.

We are here to help.

3401 Market Street, Suite 205, Philadelphia, PA 19104 • phillycryo@fairfaxcryobank.com • 215-386-1977

Additional locations available throughout the US include Fairfax, VA; Austin, TX; Houston, TX; St. Paul, MN; Pasadena, CA and San Francisco, CA

800-338-8407 • www.fairfaxcryobank.com

Leading surgeon opens up about transgender procedures



ASK DR. TAYLOR:

For those who identify as transgender, the decision to undergo surgery is a highly personal one. There's no one right or wrong path, which is why it's vital to have a doctor who understands the physical and emotional nuances of the trans journey. Enter Dr. John M. Taylor, founder of Allure Plastic Surgery Center in Red Bank, New Jersey.

Renowned cosmetic surgeon John M. Taylor, M.D. has been working with the trans community for over two decades. As a leading expert in the field, his patients come from far and wide for his expertise and guidance. Here's what he has to say about various gender confirmation surgeries.

How has cultural attitudes shifted around these kinds of procedures?

Twenty years ago, it was still a taboo subject within the medical community, so I had to stay under the radar a bit. But I really believed in the power of these gender-affirming procedures, so I developed strong relationships with mental health professionals to help as many patients as I could. Fortunately, the culture has shifted in recent years, and it's about time.

What's the most popular surgery you do?

There's actually a variety, and each patient is

different. Some opt for multiple surgeries; others go forward only with ones that address body parts that are visible to the public. The most popular procedure I do is specialized breast reduction techniques to masculinize the chest for trans men. This comes with a huge emotional payoff for patients. For the first time in their lives, these men are able to walk on the beach without a shirt.

For trans women, there's a high demand for breast implants, vaginoplasty, as well as tracheal shaves to soften or eliminate the Adam's apple.

Does insurance cover these surgeries?

It's a case-by-case situation. Some plans and employers will cover it if a mental health professional provides a referral letter documenting the gender dysphoria and medical need for surgery to adequately treat it.

Do most of your patients consult with a mental health provider before seeking surgery?

Most don't come into my office until they've been in therapy for a while. I'm a member of the World Professional Association for Transgender Health (WPATH), so I adhere to their guidelines and standards of care. Something they suggest is patients undergoing therapy and living full-time in their preferred gender for at least a year before making some of the irreversible surgical commitments.

What emotional benefits do these procedures provide?

One of the biggest things I hear is, "Now I feel complete." That's a common reaction, and it's very rewarding to hear. The truth is that every person is different. For some people with gender dysphoria, surgery may not be the best option,



which is why it's wise to spend time in therapy beforehand exploring those issues. But some patients really do need the surgery. My job is to listen to what they're feeling and help them come to a conclusion that feels right for them and ultimately helps them feel more at home in their bodies. That's something we all deserve.

To connect with Dr. John M. Taylor, visit www.AllureNJ.com or call (732) 707-1932.



Gender Confirmation Surgery on the Jersey Shore

Private, single-room AAAHC-Medicare Accredited O.R. with gender-friendly staff

WPATH/USPATH member with over 20 years of experience

Procedures include:

- Vaginoplasty • Tracheal Shave
- Facial Feminization
- Breast Augmentation • Body Contouring
- FtM Top Surgery



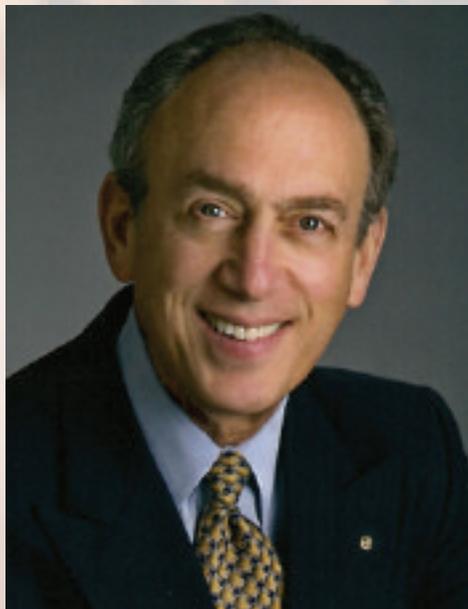
Allure Plastic Surgery Center
Two Rivers Surgery Center
194 State Route 35, Red Bank, NJ 07701
(732) 483-1800 | www.allureNJ.com



The Philadelphia Center For Transgender Surgery

Bala Cynwyd, Pennsylvania

Offering The Full Complement Of
Surgical and Non-Surgical Procedures For Transgender Individuals,
And Specializing In The Most Advanced Reassignment Procedures



Dr. Sherman Leis, Board Certified in general surgery and plastic and reconstructive surgery, is a medical school professor of surgery, director of residency training in plastic surgery, and has over 30 years surgical experience.

Follow Dr. Leis ...

[Facebook.com/TransDoctor](https://www.facebook.com/TransDoctor)

[YouTube.com/user/DrShermanLeis](https://www.youtube.com/user/DrShermanLeis)

[Linkedin.com/in/DrShermanLeis](https://www.linkedin.com/in/DrShermanLeis)

Website: TheTransgenderCenter.com

SURGICAL PROCEDURES

Facial Feminization Surgery (FFS)

- Forehead/brow lift, bone contouring
- Rhinoplasty (nasal contouring)
- Chin, jaw & cheek augmentation/reduction
- Upper lip shortening, lip augmentation
- Thyroid cartilage (Adam's Apple) reduction
- Blepharoplasty (eyelid surgery)
- Rhytidoplasty (face lift)

To Surgery (Chest Reconstruction)

- Breast augmentation or lift
- Breast reduction or removal

Bottom Surgery And Body Contouring

- Male-to-female reassignment (labiaplasty, vaginoplasty)
- Female-to-male reassignment (phalloplasty)
- Buttock augmentation
- Liposuction
- Abdominoplasty (tummy tuck)
- Revision of previous surgery problems
- On-site accommodations
- Financing available



Make your dreams come true . . .
with personalized and highly customized
treatment plans for your special needs.

For more information
and to schedule a private consultation,
call 610-667-1888 or email:
DrShermanLeis@DrShermanLeis.com